

South Wales Running League
Aberdare Park 5 - 29 June 2014
Senior Women 19 Finishers

| Pos | Athlete | Club | Time | Pts |
|------------|---------------------|--------------------------------|-------------|------------|
| 1 | Clara Evans | Pontypridd Athletic Club | 31.49 | 19 |
| 2 | Ffion Davies | Pontypridd Athletic Club | 33.33 | 18 |
| 3 | Susan Watson | Les Croupiers Running Club | 33.52 | 17 |
| 4 | Gina Hardman | Bridgend Athletic Club | 35.19 | 16 |
| 5 | Marcia Gouviea | San Domenico Road Runners Club | 35.53 | 15 |
| 6 | Abigail Sullivan | Merthyr Running Club | 37.39 | 14 |
| 7 | Alice Bevn | Merthyr Running Club | 38.11 | 13 |
| 8 | Gwen Richards | Pontypridd Athletic Club | 38.16 | 12 |
| 9 | Claire Walters | Merthyr Running Club | 39.15 | 11 |
| 10 | Fiona Davies | Pontypridd Athletic Club | 39.18 | 10 |
| 11 | Hannah Withers | San Domenico Road Runners Club | 40.16 | 9 |
| 12 | Yvonne Williams | Penarth and Dinas Runners | 41.03 | 8 |
| 13 | Sara Brooke-Smith | Pontypridd Athletic Club | 42.17 | 7 |
| 14 | Gabriella Lancaster | Aberdare Valley A. A. C. | 43.11 | 6 |
| 15 | Amanda Thompson | Les Croupiers Running Club | 46.03 | 5 |
| 16 | Tracey Newman | Merthyr Running Club | 47.58 | 4 |
| 17 | Shelley Parry | Merthyr Running Club | 49.17 | 3 |
| 18 | Tracey Richards | Merthyr Running Club | 49.28 | 2 |
| 19 | Helen Williams | Aberdare Valley A. A. C. | 57.40 | 1 |

