

South Wales Running League
 Bridgend XC - 12 October 2014
 Senior Men 106 Finishers

| Pos | Athlete | Club | Time | Pts |
|-----|--------------------|--------------------------|-------|-----|
| 1 | M. Davies | Bridgend AC | 33.38 | 106 |
| 2 | P. Avent | Bridgend AC | 35.31 | 105 |
| 3 | D. Bodman | Aberdare Valley A. A. C. | 36.15 | 104 |
| 4 | O. Williams | Les Croupiers | 36.29 | 103 |
| 5 | R. Atkin | Bridgend AC | 36.31 | 102 |
| 6 | R. Boorman | Aberdare Valley A. A. C. | 36.47 | 101 |
| 7 | G. Gates | Bridgend AC | 37.15 | 100 |
| 8 | A. Hodgson | Bridgend AC | 37.17 | 99 |
| 9 | S. Richards | Pontypridd Roadents | 37.39 | 98 |
| 10 | H. Evans | Les Croupiers | 37.44 | 97 |
| 11 | N. Dukes | Les Croupiers | 37.50 | 96 |
| 12 | S. Rayall | Pontypridd Roadents | 37.53 | 95 |
| 13 | T. Jefferies | Les Croupiers | 37.54 | 94 |
| 14 | A. Fagereng | Les Croupiers | 37.55 | 93 |
| 15 | M. Hurford | Les Croupiers | 37.59 | 92 |
| 16 | P. Coles | Pontypridd Roadents | 38.05 | 91 |
| 17 | R. Dando | Bridgend AC | 38.42 | 90 |
| 18 | M. Evans | Aberdare Valley A. A. C. | 38.46 | 89 |
| 19 | S. Paterson | Les Croupiers | 38.53 | 88 |
| 20 | D. J. Williams | Les Croupiers | 38.54 | 87 |
| 21 | J. Bragg | Aberdare Valley A. A. C. | 38.55 | 86 |
| 22 | R. Hunt | Bridgend AC | 38.58 | 85 |
| 23 | D. Nicholls | San Domenico | 39.08 | 84 |
| 24 | S. Lewis | Aberdare Valley A. A. C. | 39.15 | 83 |
| 25 | R. Sage | Les Croupiers | 39.51 | 82 |
| 26 | J. Phillips | Pontypridd Roadents | 39.53 | 81 |
| 27 | D. Edwards (ind) | Aberdare Valley A. A. C. | 39.59 | 80 |
| 28 | R. Annett | San Domenico | 40.04 | 79 |
| 29 | B. Hayton | Pontypridd Roadents | 40.17 | 78 |
| 30 | M. Parkes | Les Croupiers | 40.19 | 77 |
| 31 | R. Bullen | Les Croupiers | 40.40 | 76 |
| 32 | P. Williams | Bridgend AC | 40.43 | 75 |
| 33 | E. Lepore | Les Croupiers | 40.58 | 74 |
| 34 | J. Bruce | Les Croupiers | 41.10 | 73 |
| 35 | R. Jackson-Hookins | Penarth & Dinas | 41.27 | 72 |
| 36 | A. Davies | Les Croupiers | 41.31 | 71 |
| 37 | J. Morgan | Bridgend AC | 41.33 | 70 |
| 38 | N. Mahoney | Les Croupiers | 41.35 | 69 |
| 39 | M. Hopkins | Les Croupiers | 41.41 | 68 |
| 40 | J. Lam | San Domenico | 41.51 | 67 |
| 41 | C. Fowler | Bridgend AC | 41.55 | 66 |

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|----|-----------------|--------------------------|-------|----|
| 42 | L. Pole | Pontypridd Roadents | 41.58 | 65 |
| 43 | M. Havard | San Domenico | 42.03 | 64 |
| 44 | P. Thomas | Pontypridd Roadents | 42.16 | 63 |
| 45 | J. Thomas | Bridgend AC | 42.29 | 62 |
| 46 | N. Williams | Aberdare Valley A. A. C. | 42.32 | 61 |
| 47 | A. Care | San Domenico | 42.43 | 60 |
| 48 | A. Lewis | Aberdare Valley A. A. C. | 42.44 | 59 |
| 49 | M. Tabor | Les Croupiers | 42.47 | 58 |
| 50 | P. Hughes | San Domenico | 43.15 | 57 |
| 51 | M. Murphy | Les Croupiers | 43.17 | 56 |
| 52 | T. Owen | Bridgend AC | 43.23 | 55 |
| 53 | J. Mulloney | Aberdare Valley A. A. C. | 43.38 | 54 |
| 54 | M. Dunscombe | Aberdare Valley A. A. C. | 43.42 | 53 |
| 55 | B. Dias | Les Croupiers | 43.45 | 52 |
| 56 | G. Hardman | Bridgend AC | 43.52 | 51 |
| 57 | G. Sansom | San Domenico | 43.56 | 50 |
| 58 | D. Hutchings | Merthyr Harriers | 43.59 | 49 |
| 59 | E. Cummings | Les Croupiers | 44.22 | 48 |
| 60 | S. Power | Aberdare Valley A. A. C. | 44.24 | 47 |
| 61 | S. Bridges | Aberdare Valley A. A. C. | 44.25 | 46 |
| 62 | I. McDonald | San Domenico | 44.39 | 45 |
| 63 | A. Davidson | Les Croupiers | 44.46 | 44 |
| 64 | R. Evans | Les Croupiers | 44.49 | 43 |
| 65 | P. Kellam | Les Croupiers | 44.59 | 42 |
| 66 | A. Reddy | Aberdare Valley A. A. C. | 45.02 | 41 |
| 67 | K. Baird-Murray | Penarth & Dinas | 45.06 | 40 |
| 68 | C. Medcalf | San Domenico | 45.08 | 39 |
| 69 | R. Amos | San Domenico | 45.15 | 38 |
| 70 | P. Graham | Pontypridd Roadents | 45.18 | 37 |
| 71 | M. Meyrick | Les Croupiers | 45.19 | 36 |
| 72 | D. Shields | San Domenico | 45.55 | 35 |
| 73 | G. Brown | Penarth & Dinas | 46.01 | 34 |
| 74 | J. Clode | Bridgend AC | 46.10 | 33 |
| 75 | H. Kent | Les Croupiers | 46.12 | 32 |
| 76 | H. Morgan | Pontypridd Roadents | 46.14 | 31 |
| 77 | A. Phillips | Bridgend AC | 46.16 | 30 |
| 78 | R. Self | Les Croupiers | 46.18 | 29 |
| 79 | T. Caveney | Les Croupiers | 46.39 | 28 |
| 80 | A. Bannon | San Domenico | 46.40 | 27 |
| 81 | M. Elliston | Les Croupiers | 46.53 | 26 |
| 82 | C. Osmond | Les Croupiers | 46.55 | 25 |
| 83 | S. Alexander | Les Croupiers | 46.59 | 24 |
| 84 | M. Bradley | Penarth & Dinas | 48.02 | 23 |
| 85 | B. Reed | Aberdare Valley A. A. C. | 48.06 | 22 |
| 86 | C. Seal | Penarth & Dinas | 48.22 | 21 |
| 87 | G. Newhams | Bridgend AC | 48.27 | 20 |
| 88 | A. Davies | Pontypridd Roadents | 48.34 | 19 |
| 89 | A. Bunney | Aberdare Valley A. A. C. | 49.10 | 18 |

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|-----|----------------|--------------------------|-------|----|
| 90 | D. E. Williams | Les Croupiers | 49.11 | 17 |
| 91 | P. Morris | Les Croupiers | 49.22 | 16 |
| 92 | P. Chapman | Les Croupiers | 49.23 | 15 |
| 93 | J. Horner | Les Croupiers | 49.42 | 14 |
| 94 | R. Perons | Les Croupiers | 49.49 | 13 |
| 95 | A. Palmer | Penarth & Dinas | 49.51 | 12 |
| 96 | G . John | Les Croupiers | 50.22 | 11 |
| 97 | D. Hughes | Bridgend AC | 51.10 | 10 |
| 98 | K. Portelli | Les Croupiers | 51.15 | 9 |
| 99 | S. Gopal | Les Croupiers | 51.35 | 8 |
| 100 | A. Bebb | Pontypridd Roadents | 51.49 | 7 |
| 101 | S. Jones | Aberdare Valley A. A. C. | 51.51 | 6 |
| 102 | L. Hopkins | Aberdare Valley A. A. C. | 52.41 | 5 |
| 103 | N. Stocker | Bridgend AC | 53.53 | 4 |
| 104 | D. McDonald | Les Croupiers | 57.19 | 3 |
| 105 | J. Aston | Les Croupiers | 59.38 | 2 |
| 106 | H. Williams | Bridgend AC | 60.05 | 1 |

